

Terre Haute Torpedoes Masters Swimming

The THT Masters program is an adult (18 & over) fitness program designed for adults who enjoy swimming. Swimmers should be able to swim laps in a pool. You don't have to be fast, you just have to enjoy swimming! The program serves both competitive and non-competitive swimmers. Swimmers can choose their level of participation from once a week to every day.

Cost:

\$40 annual USA Masters Swimming/Greater Indiana Masters membership required for everyone that swims. This covers all insurance, allows entry into masters swim meets if desired and subscription to USA Masters Swim magazine.

Session Options:

\$3 per swim (buy 10, get one free) – use any time
\$30 month (unlimited swim)

Regular Scheduled Swim Times

NOTE: Swim times subject to change. Please check the swim schedule on the terrehautetorpedoes.com website (click masters swimming) as there may be some date/time adjustments.

Monday – Terre Haute South High School
7:30 pm to 8:30 pm

Tuesday – Terre Haute South High School
7:30 pm to 9:00 pm
*Beginner Program coaching

Wednesday – Terre Haute North High School
7:30 pm to 9:00 pm
*Beginner Program coaching

Thursday – Terre Haute South High School
7:30 pm to 9:00 pm

Saturday – Terre Haute South High School
8:00 am to 9:00 am
*Beginner Program coaching

Contact Information:

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www.terrehautetorpedoes.com then click Masters Swimming

Frequently Asked Questions

Do I have to come to every session?

No. Come to as many or as few as you want. If you want to come once a week and swim for a half hour, you can. The program is as flexible as you want it to be.

How much does it cost?

There are 2 ways you can pay; per session or per month. If you choose to pay per session, the cost is \$3 per session. In the beginning, you can pay one session at a time, but we would prefer that once you get started, you purchase an 11 session punch card (\$30: 11 sessions for the price of 10). This way, we can focus more on swimming and less on dealing with cash. If you wish to pay by month, the cost is \$30.

Members will also need to pay a one time USMS (United States Masters Swim) membership fee. This fee is currently \$40 for a year. This entitles you to receive their swim magazine and provides insurance coverage during all USMS events (including our swim sessions).

What if I am just a beginner? I'm not a very good swimmer. Is the program still for me?

ABSOLUTELY! As long as you can swim! We won't be able to give the one on one attention to a non-swimmer, but if you can swim a lap or two, or even one length of the pool, you're fine. We will give tips and advice, but unfortunately, we won't be able to work with non-swimmers through the masters program. HOWEVER, Terre Haute Torpedoes has one on one swim lessons available. Ask for more information.

I don't want anyone telling me what to do. I just want to swim laps. Is that OK?

Yes. If you just want to do your own thing, that's fine. If you'd like to have a structured workout, that's fine too. We will provide structured workouts for a variety of levels if you want it. If not, just do your own thing.

If the weather is bad, how do I know if swim is cancelled?

The general THT rule of thumb for weather is that if school is closed due to weather, we will be closed too. There are some exceptions to this rule. We will discuss this in our first meeting. Please check the swim schedule for details on specific swim times and locations.

I'd like to race triathlons. Will this program help me?

Again....absolutely. We will use training programs that will help in any type of swimming.

Do I have to begin at a certain time?

No...start anytime. We realize that the year can be busy at times so start when it's convenient!!